

TRAINING PROGRAM FOR HIRUDOTHERAPY - MEDICINAL LEECH THERAPY



DATE	TIME	TOPIC
“SUNDAY”		
Day 1 st	10:00-11:00	Lecture Modern, folk and integrative medicine. The concept of alternative and complementary medicine. Legal aspects of official, folk and CAM-medicine the application of medical leeches.
	11:15-12:30	Lecture Treatment with leeches and hirudotherapy: similarities and differences. The history of the use of medicinal leeches
	13:00-15:00	Practical training Biology and physiology of the medical leech (<i>Hirudo medicinalis</i>). Assessment of the state of leeches, selection of leeches for medical use. The conditions of the preservation of leeches in artificial conditions.
Day 2 nd	15:15-17:00	Lecture Hirudotherapy: basic mechanisms of influence. Indications and contraindications.
	10:00-11:30	Lecture General questions of human anatomy and physiology. The human skin: anatomy, physiology, function. Main features of human blood. The system of blood coagulation.
	11:45-13:30	Practical training Methodical approaches preparation and execution of treatment with leeches: preliminary preparation, patient records, psychological aspects of treatment.
Day 3 rd	14:00-15:15	Lecture What is the «Microcirculation»: components and its significance for the life of the human body.
	15:30-17:00	Practical training Methodology of application of medicinal leeches and «care» for them. Management of patients after the treatment
	10:00-11:30	Lecture “TUESDAY” Lymphatic system: the functions and importance in the human body. The fundamental theory of General pathology: “humoral”, “cellular” and “cell-humoral”.
Day 4 th	11:45-13:30	Practical training Internal and external cleaning of the organism. Vacuum therapy. The ideas of «lymph drainage». Visceral chiropractics and the combined use of it with treatment of leeches
	14:00-15:15	Lecture Hirudotherapy and the basic pathology of Cardio-vascular Diseases: ischemic heart disease, hypertension, heart failure and other
	15:30-17:00	Practical training Requirements for the organization of leeches within the health activities and healing. Questions on decontamination and disposal of leeches.
Day 5 th	10:00-11:30	Lecture “WEDNESDAY” Hirudotherapy applied to pathologies in the Gastrointestinal tract. Diseases: hepatitis, pancreatitis, cirrhosis of the liver and other
	11:45-13:30	Practical training Developing practical skills when working with leeches. Individual work with students.
	14:00-15:15	Lecture Side effects of leeching. Reactions during and after application, prevention and practices.
Day 6 th	15:30-17:00	Lecture Hirudotherapy in Surgery and Traumatology: inflammatory diseases of skin and subcutaneous tissue, phlebitis and thrombophlebitis, hemorrhoids and fissures, bruises and broken bones, and other
	10:00-11:30	Lecture “THURSDAY” Hirudotherapy in neurology: cerebrovascular diseases, pathology and spinal dysfunction etc.
	11:45-13:30	Practical training Developing practical skills when working with leeches. Individual work with students.
Day 7 th	14:00-15:15	Lecture Leeches in Gynecology: acute and chronic inflammatory diseases of uterus and appendages, infertility etc
	15:30-17:00	Practical training Developing practical skills when working with leeches. Individual work with students.
	10:00-11:30	Lecture “FRIDAY” Leeches in Ophthalmology: inflammatory diseases of the eye, glaucoma, retinal diseases and other
Day 7 th	11:45-13:30	Practical training Developing practical skills when working with leeches. Individual work with students.
	14:00-15:15	Lecture Leeches in Urology: acute and chronic inflammatory diseases of the urinary system and other
	15:30-17:00	Practical training Developing practical skills when working with leeches. Individual work with students.
Day 7 th	10:00-11:30	Lecture “SATURDAY” Leeches in Stomatology: parodontitis, gingivitis, periodontitis, chronic gingivitis and periodontitis, and other
	11:45-13:30	Lecture Combined and complex application of methods of medicine during treatment with medicinal leeches
	10:00-17:00	Examina on full course contents Summing-up of the course. Distribution of Certificates

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